Arthroscopic Pan-capsular Release for the Treatment of Frozen Shoulder (Adhesive Capsulitis)

Paul Romeo, Aidan Papalia, Matthew Alben, Neil Gambhir, Gabriel Larose, Mandeep Virk¹ NYU Langone Health

This video details the presentation, treatment, and postoperative outcomes of a 62-year-old man with right shoulder pain and symptoms suggestive of adhesive capsulitis. Surgical management consisted of arthroscopic pan-capsular release. The procedure was performed to restore shoulder function and considerably increase range of motion.