

Management of Patellar Instability in the Setting of Patella Alta in the Skeletally Immature Patient

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This video highlights a minimally invasive technique to manage patellar instability in skeletally immature patients with patella alta. The management of patella alta and the rationale for the Roux-Goldthwait technique along with the technical modifications are discussed. This procedure uses arthroscopic techniques and a mini-open approach to achieve greater patellar stability.