

Arthroscopic Coracoid-Sparing Coracoclavicular Ligament Reconstruction Using a Double-Bundle Soft Tissue Allograft

Nata Zwi Parnes, Ron Gilat, Carolyn M Hettrich, John R Tyler

This video presents a comprehensive educational overview of the arthroscopic coracoid-sparing coracoclavicular ligament reconstruction using a double-bundle soft tissue allograft for Rockwood Type III to V acromioclavicular (AC) separations. It begins with an introduction to the surgical approach and patient selection criteria, followed by a detailed technical demonstration of the procedure. A representative case is used to illustrate intraoperative technique, imaging, and direct patient outcomes. We then review technique-specific advantages, pearls, and pitfalls. The postoperative rehabilitation protocol is outlined, and case-specific outcomes are reviewed in our institutional series with a minimum 10-year follow-up. The program concludes with a literature review providing evidence-based support for the technique. This program aims to offer reproducible and clinically meaningful guidance for orthopaedic surgeons managing Type III to V AC separations.