

Arthroscopic Double-Pulley Anatomic Repair for Type II SLAP Lesions

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This video presents a comprehensive educational overview of the arthroscopic double-pulley anatomic repair technique for Type II SLAP lesions. It begins with an introduction to the surgical approach and patient selection criteria, followed by a detailed technical demonstration of the procedure. A representative case is used to illustrate intraoperative technique, imaging, and direct patient outcomes. We then review technique-specific advantages, pearls, and pitfalls. The postoperative rehabilitation protocol is outlined, and case-specific outcomes are reviewed in our institutional series with a minimum six-year follow-up. The program concludes with a literature review providing evidence-based support for the technique. This program aims to offer reproducible and clinically meaningful guidance for orthopaedic surgeons managing Type II SLAP lesions in active patient populations.