

Outcomes of Imageless Robotic Assisted Total Knee Arthroplasty at a Safety Net Hospital

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INTRODUCTION: Despite the rapid adoption of robotics in total knee arthroplasty (TKA) as demonstrated by the American Joint Replacement Registry, access to this technology remains limited in health safety-net (HSN) hospitals. Patients undergoing TKA in HSN hospitals often have severe joint deformity, therefore may benefit from improved surgical accuracy associated with the use of robotics (R-TKA). We aim to compare early outcomes of R-TKA and manual TKA using the same implant in TKA in a HSN hospital.

METHODS: We conducted a retrospective cohort study of 188 consecutive patients undergoing primary TKA between 2022 and 2024 at a single, tertiary-care, urban academic hospital by two surgeons (94 R-TKA, 94 non-robotic) using standardized anesthesia, anticoagulation and analgesia protocols. Patients with prior ipsilateral TKA, revision and partial knee replacement were excluded. Data collected included demographics, comorbidities, complications, KOOS-Jr score, manipulation under anesthesia (MUA), reoperation, and revision rates. Comparative analyses used Welch's t-tests and chi-squared or Fisher's exact tests. A p-value <0.05 was considered significant.

RESULTS: Age was (66.3 ± 7.8 vs. 66.1 ± 7.3 years, $p=0.786$) and BMI (31.8 ± 6.1 vs. 31.2 ± 6.5 , $p=0.160$) in the robotic versus manual group, respectively. Incidence of MUA was lower after R-TKA (2.3% vs. 11.8%, $p=0.010$). A greater portion of patients with R-TKA achieved KOOS-Jr MCID (20.4 ± 27.6 vs. 12.2 ± 13.5 , $p=0.292$), however this was not statistically significant. KOOS-Jr scores at 1 year were similar (78.9 ± 16.8 vs. 77.2 ± 12.4 , $p=0.761$). Complication and revision rates were the same in both groups.

DISCUSSION AND CONCLUSION: In an HSN setting, R-TKA was associated with reduced incidence of arthrofibrosis requiring MUA. There were no increased complications associated with use of R-TKA. Our findings suggest that a robotic program can be safely implemented in a HSN hospital with improved post-operative range of motion.