

Minimally Invasive TMT Arthrodesis: Techniques and Approach

Taylor David Schnepp, Cary B Chapman¹

¹Baptist Health Orthopedic Institute

Tarsometatarsal arthritis is a very common pathology that is most often due to posttraumatic degenerative changes in the joints. Historically, open surgery with fusion via staples or plates as seen here was the mainstay of treatment. Minimally invasive techniques have become increasingly popular due to minimized patient trauma, reduced risk for complications, and better postoperative outcomes. We present setup and technique for a minimally invasive primary arthrodesis to treat Lisfranc arthritis.