SURGICAL REPAIR OF THE DISTAL BICEPS BRACHII TENDON USING ANATOMICAL TECHNIQUE

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Distal biceps brachii tendon avulsions account for only 3% of all biceps ruptures, the proximal ruptures of the long head and of the short head represent respectively 96% and 1%. Nowadays, conservative option is usually recommended only in elderly patients with low-demand activities or with important comorbidities.

Even though the surgical treatment is now considered the treatment of choice, there is not a general agreement on which is the best surgical approach.

The aim of this video is to report clinical results of a consecutive series of acute biceps brachii tears, that underwent anatomical repair on the radial tubercle.