

Open Reduction Internal Fixation with Triceps Splitting Approach for Humeral Shaft Fracture

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This video describes the indications and treatment options for humeral shaft fractures. Operative and nonoperative modalities are discussed. A detailed surgical technique is shown for open reduction internal fixation (ORIF) of a distal third humeral shaft fracture through a triceps splitting approach. Clinical and radiographic outcome are shown at eight week follow up.