

Open Reduction and Internal Fixation of Scapular Body Fractures via Modified Judet Approach: Adjunctive Use of a Distraction Device to Facilitate Reduction

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Scapular body fractures represent less than 1% of all fractures. Scapular body fractures are associated with high-energy mechanisms of injury, including thoracic injury, brain injury, and cervical spine injury. Most scapular body fractures, even highly displaced injuries, can be managed nonsurgically, with satisfactory outcomes; however, highly displaced injuries may benefit from surgical fixation if certain parameters are met.