Lateral Collateral Ligament Repair and Loose Body Removal After Traumatic Elbow Dislocation

Kevin Khoo, Brandon Wen Khoo, Arien Lee Cherones¹, Daphne Michelle Beingessner² ¹University of Washington, ²HMC, Orthopaedics

Elbow dislocations represent 10% to 25% of all elbow injuries. Elbow dislocations frequently result in lateral collateral ligament disruption and osteochondral injuries. All surgical reports show osteochondral injury, commonly at the humeral origin. Elbow dislocation may lead to chronic stiffness, pain, and/or instability of the elbow, residual stiffness, and residual pain.