

Combined Anterior Cruciate Ligament and Anterolateral Ligament Repair in Acute Surgery

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Over the past few decades, anterior cruciate ligament (ACL) reconstruction has been the preferred technique. Given the advent of modern arthroscopic surgical techniques and devices, interest in primary ACL repair has been renewed.

The goal of ACL surgery is to restore rotational stability of the knee; therefore, management of associated lesions is recommended at the time of surgery. ACL reconstruction and tenodesis is the preferred technique for management of anterolateral rotational instability.

The goal of this video is to present a technique for combined ACL and anterolateral ligament repair.