

Indications and Technique: Contemporary Hip Arthroscopy for Femoroacetabular Impingement Syndrome

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Hip arthroscopy is technically challenging and dependent on patient positioning; accurate portal placement; use of a 70° arthroscope; and successful execution of sequential, important steps.

This video explores the indications, surgical technique, and outcomes of contemporary hip arthroscopy with labral repair, cam osteochondroplasty, and capsular plication.