

Perilunate Dislocations: Reduction and Stabilization

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Lunate and perilunate dislocations are rare but devastating injuries that occur in only 1 in 100,000 injuries. However, practicing hand surgeons and general orthopaedic surgeons taking trauma call must understand the management of lunate and perilunate dislocations because of the time-sensitive nature of these injuries and the possibility of considerable risk to the median nerve. Because lunate and perilunate dislocations are relatively rare, many surgeons will complete their residency without the experience necessary to optimally treat patients with these injuries. Therefore, this video reviews the optimal management of perilunate dislocations and demonstrates relevant surgical techniques.